Do French GPs take care of pain?

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Objective

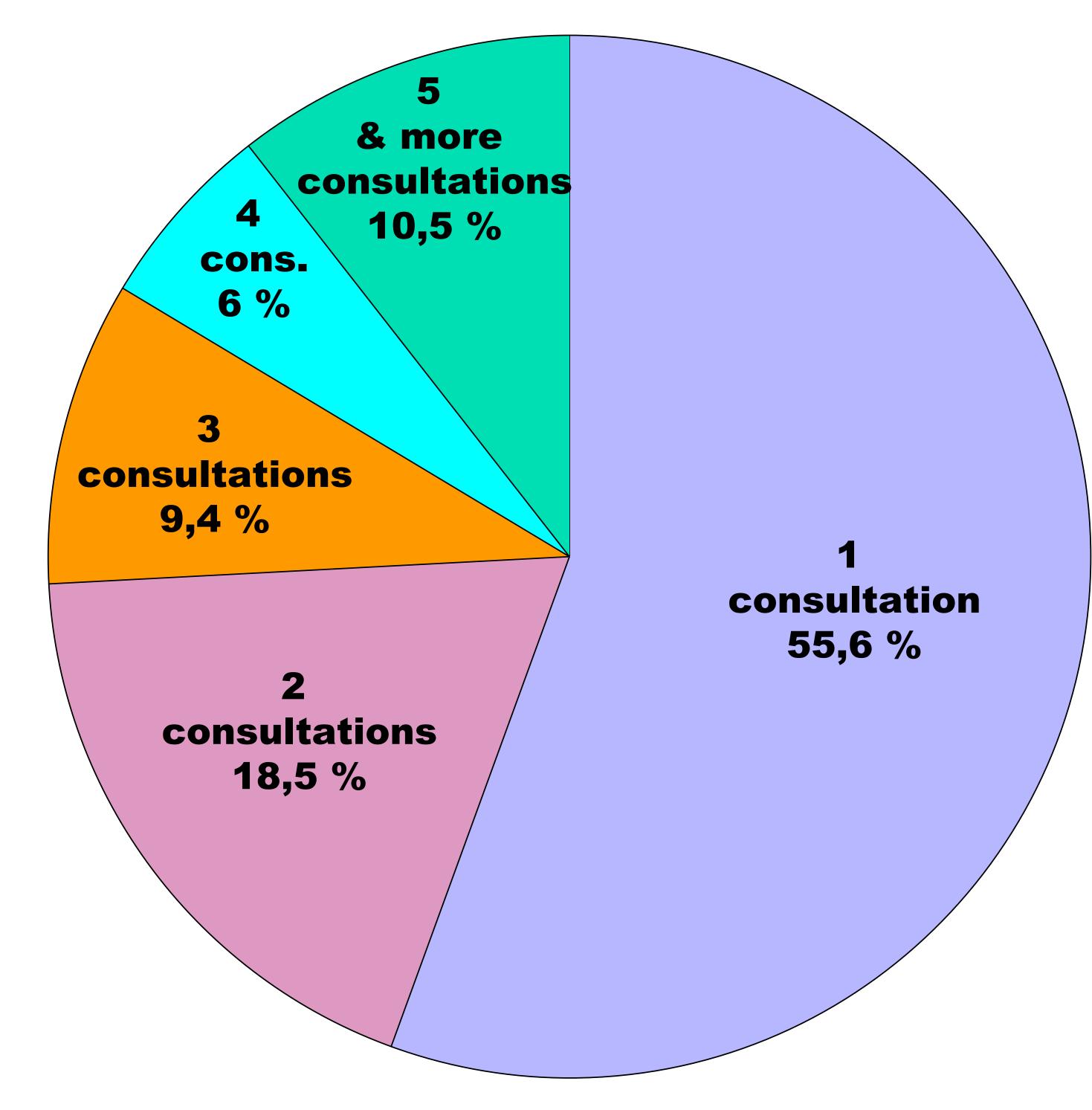
Assessing the part of painful diagnoses and symptoms among the pathologies presented by patients consulting French GPs.

Method

Retrospective study in 2004.



Percentage of patients by number of consultation for pain in 2004



We analysed pathology data collected ongoing and in real time by a GP network for all patients and every consultation and home visit in 2004. The diagnoses and symptoms were recorded with inclusion and exclusion criteria reflecting the clinical situation during consultation.

We selected the criteria associated with or containing a pain notion (pain criteria). We included in our study all the painful situations assessed by the existence in the medical record of one or more pain criteria. 119 different standardised pathological situations were associated with pain.

> Patients consulting at least once a year for a painful issue Percentage by gender and age groups

Results

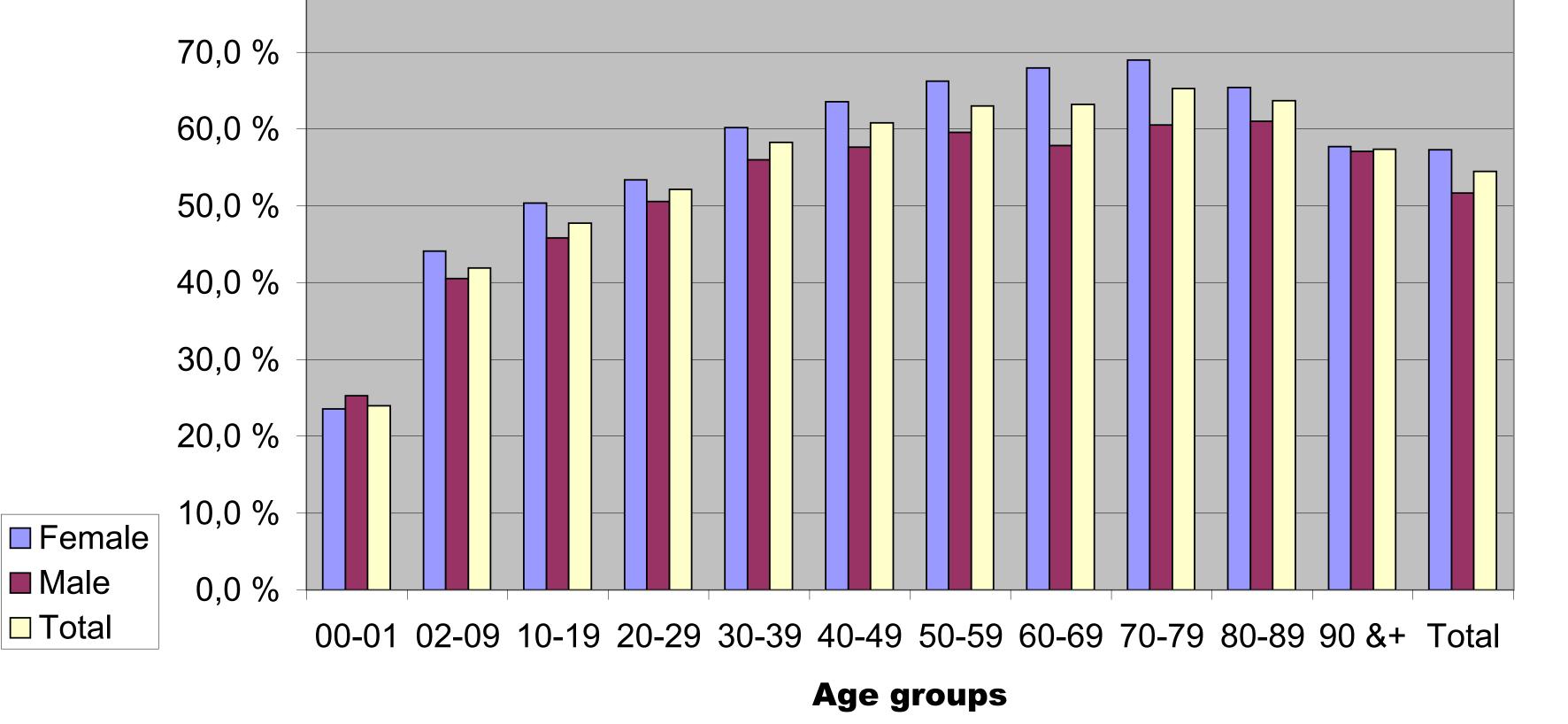
72 GP 104,913 patients

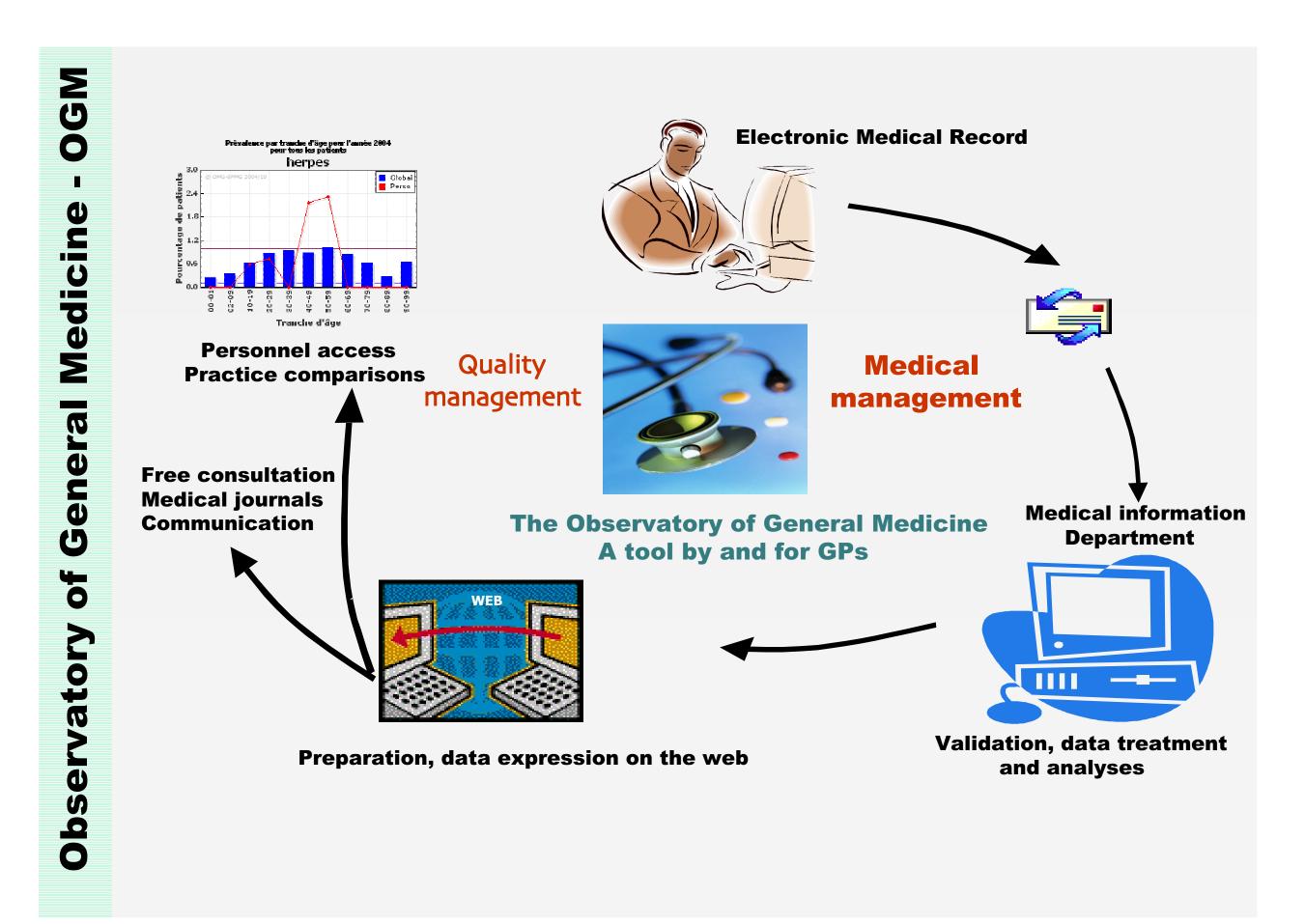
301,927 consultations
At least one painful pathology was found in 125,326 consultations (41.5%).
19,854 consultations (15.8%) presented 2 or more painful diagnoses.

Discussions

Those figures probably reflect a minimal estimation they are based on the positive assessment of the GP and GPs are liable to omit the

checking of pain criteria in the eMR in some situations (polypathologies, lack of time...) some criteria were difficult to classify (painful or non painful), so the classification must be refined.





Conclusions

Diagnoses with pain components can be found in more than 40% of consultations, and half the patients taken care of in 2004 suffered at least once from pain. Pain treatment is a major issue for French GPs.

For further information: Please contact d.duhot@sfmg.org SFMG: www.sfmg.org OGM: http://omg.sfmg.org

SFMG thanks all GPs and patients anonymously participating to the OGM for supplying their practice data.